

Can We Help You Or Someone You Know?

Age Concern offers:

- Transport - door to door car service
- Befriending - weekly friendship visit or phone call
- Carer Support - respite breaks, peer support and more
- Shopping - either for you or with you
- CareLine - telephone support
- Home from Hospital - help after a hospital stay
- Community Activities - social clubs and groups

Our services relieve loneliness and isolation, support independent living and improve health and wellbeing.

Phone 01271 324488

or email info@ageconcernbarnstaple.org.uk

AGE concern

Barnstaple & District

Could You Volunteer?

*a little time to support
people in your local community and
help reduce our service waiting lists.*

**Volunteering for Age
Concern Barnstaple
is both
valuable and
rewarding. Training,
support, paid
expenses and social
events are provided.**



Join us!

**We have many different volunteering
roles including drivers, shoppers,
telephone operators, community
activity hosts, befrienders and
marketing volunteers.**

**Location and times to suit you.
If you can help please contact us.**

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