

OPEN SPACES

The coronavirus (COVID19) outbreak is going to have an impact on everyone's daily lives, as the government and the NHS take necessary steps to manage the outbreak, reduce transmission and treat those who need medical attention.

It may be difficult, but by following guidance on social distancing, or staying at home, you are helping to protect yourself, your family, the NHS, your community and saving lives.

We would like to thank those of our community that are abiding by the Government's social distancing rules when using our open spaces, such as Griggs Field, Tews Lane and Fremington Quay. Please do continue to do this and walk to these places if you can.

We have been informed of increased traffic at some of these locations and, whilst we understand that this may be to undertake your daily exercise, we would ask you to think about whether taking your car is necessary, especially given the increased footfall with the community out on their bikes or walking/running as part of their daily exercise.

For further information on what is acceptable in these times, please visit this link: <https://www.gov.uk/government/publications/coronavirus-outbreak-faqs-what-you-can-and-cant-do/coronavirus-outbreak-faqs-what-you-can-and-cant-do>

For further information on your mental wellbeing and health, please visit this link: <https://www.gov.uk/government/publications/covid-19-guidance-for-the-public-on-mental-health-and-wellbeing/guidance-for-the-public-on-the-mental-health-and-wellbeing-aspects-of-coronavirus-covid-19>