

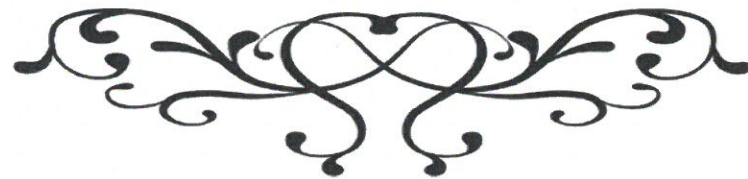


Wellbeing Club

Have a Healthy Christmas

Friday 7th December

1.30 to 3.30pm



Come and join us in St Peter's Church Hall

Mocktails, buffet, music, fun, chat,

Look When You Cook,

Fremington Medical Centre staff elves

Dr Nigel (Santa) Moody

As well as tips on staying well over Christmas and through the winter, this will be a real opportunity for you to voice your opinions about the proposed new appointments system

Please bring your neighbours and friends

Wheelchair accessible & there's no charge

Further information from Julie 07753 822768

